

Who Are You Walking With

Think of four people you hang out with the most....



Research shows that you are a direct reflection of the five people you spend the most time with. That's right, your income, your attitude, even your lifestyle is the average of those other people.

Don't like your income, your status, your current situation – maybe it's time to find some new people to hang out with.... This is also true if you are trying to change behavior; whether it be to quit drinking or drug use, to improve the relationship with your honey, or even to lose weight –

**You must surround yourself with others who are as motivated or more motivated than you.
In doing so, you're positioning yourself for GREATER SUCCESS.**

So Ask yourself:

-Am I bringing the "average" of my group up or down?

-Is it time to change my group so I can realize more of my potential?

Take a step today towards a new future

We're here to help...If you'd like more info on changing your average, how to further your own growth, or to unsubscribe to *Scrolls*, please email me: dave@genesis-counseling.com

Thanks for Reading!!! *Dave*

Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens. -Carl Jung